



BEACON

Orthopaedics & Sports Medicine

Team Physician, Dr. Timothy Kremchek and Beacon Orthopedics will be making available to Moeller High School, a program designed to study the effects of sports-related concussion. There are an estimated 250,000 sports-related concussions in high school athletics in the United States each year. The program is called ImPACT; (Immediate Post Concussion Assessment and Cognitive Testing).

It is a neuropsychological computerized software program designed to assist medical personnel to better manage an athlete's return-to-play decision making after an athlete has sustained a sports-related concussion. Athletes will be asked to complete an initial baseline test. If he would happen to sustain such an injury, the test will then be repeated, and the results will be compared to the athlete's baseline.

This information, along with a traditional medical evaluation, will make return-to-play decisions easier for the athlete, physicians, athletic trainer, coaches, and parents, with the overall well being of the athlete at the center of this decision. In no way will the information be used to determine how "smart" the athlete is, nor will it affect any academic standing. The information gathered will be used for this purpose alone. If an athlete requires treatment for such an injury, appropriate referrals for further testing and treatment will be made after thorough discussion with the athlete's family.

We view this as a very worthwhile program that will both benefit and safeguard the student-athlete, and enable all of us to make better informed decisions. We urge you to visit www.impacttest.com to learn more.

In order to complete the ImPACT baseline test, please follow the instructions below:

- 1.) visit our website at; www.beaconortho.com
- 2.) click on "Services"
- 3.) scroll down and click on "ImPACT Concussion Testing"
- 4.) then scroll down to the bottom of the screen and click on "click here to begin your test"
- 5.) click on "Launch Baseline Test"
- 6.) Enter our security code of "GSG2UCK35A"
- 7.) click on "Launch Baseline Test"

PLEASE NOTE: AN EXTERNAL MOUSE MUST BE USED TO TAKE THIS TEST, SO YOU CAN EITHER COMPLETE IT IN THE LIBRARY OR AT HOME ON YOUR FAMILY DESKTOP. IT IS IMPERATIVE THAT THERE ARE ZERO DISTRACTIONS GOING ON (IE. CELL PHONE, RADIO, TV, TEXTING, ETC.) WHILE YOU ARE TAKING THE TEST.

IF THE PROGRAM DETECTS THAT YOU WERE NOT FOCUSING ALL OF YOUR ATTENTION ON THE TEST, THEN THEY WILL SEND ME AN ERROR MESSAGE AND YOU WILL HAVE TO RE-TAKE THE TEST.